



PROCLAMATION 26-01

WHEREAS, heart disease remains the leading cause of death in the United States, affecting millions of men and women each year; and

WHEREAS, prevention, early detection, and education are essential to reducing the impact of heart disease and stroke; and

WHEREAS, awareness of healthy lifestyle choices – including proper nutrition, regular physical activity, and regular medical check-ups – can greatly improve heart health; and

WHEREAS, organizations such as the American Heart Association, local health departments, and community groups work tirelessly to educate the public, provide screening, and support individuals and families affected by heart disease; and

WHEREAS, raising awareness about cardiovascular health empower individuals to take action to prevent heart disease and improve overall well-being.

NOW, THEREFORE, I, Sandy Roberts, Mayor of the Town of Annetta, Texas, on behalf of the Town Council, do hereby proclaim February as **Heart Health Awareness Month** in Annetta, Texas and encourage all citizens to take proactive steps toward maintaining a healthy heart.

IN WITNESS WHEREOF, I hereunto set my hand and caused the seal of Annetta to be affixed this 15th day of January, 2026.

APPROVED:

Sandy Roberts, Mayor

ATTEST:

Jamee Long, City Secretary

