



PROCLAMATION 26-03

MENTAL HEALTH AWARENESS MONTH

WHEREAS, mental health is a part of the overall health; and

WHEREAS, Mental Health Awareness Month is an opportunity to increase public understanding of the importance of mental health and to promote the identification and treatment of mental illness; and

WHEREAS, everyone faces challenges in life that can impact their mental health; and

WHEREAS, mental health helps to sustain an individual's relationships, productivity, and ability to adapt to change or face adversity; and

WHEREAS, approximately one-half of chronic mental illness begins by the age of fourteen; and

WHEREAS, roughly one in five youth within the ages of 13-18 live with a mental health condition; and

WHEREAS, one in five adults experience a mental illness, and one in twenty-five adults live with a serious mental illness; and

WHEREAS, every citizen and community can help end the silence and stigma surrounding mental illness; and

WHEREAS, each business, school, government agency, healthcare provider, organization, and citizen share the burden of mental health problems and have a responsibility to promote mental wellness; and

WHEREAS, every citizen and community can make a difference in helping end the silence and stigma that for too long has surrounded mental illness and discouraged people from getting help; and

WHEREAS, the need for comprehensive, coordinated mental health services for children, youth, young adults, and families places a critical responsibility upon our community; and

WHEREAS, addressing the complex mental health needs of children, youth, adults, and families is fundamental to the future of Annetta.

NOW, THEREFORE, I, Sandy Roberts, Mayor of the Town of Annetta, do hereby proclaim May 2026 to be

MENTAL HEALTH MONTH

in the Town of Annetta, and call upon the citizens, government agencies, public and private institutions, businesses, and schools to commit to increasing the awareness and understanding of mental health, the steps our citizens can take to protect their mental health, and the need for appropriate and accessible services for all people with mental health conditions.

IN WITNESS THEREOF, I have hereunto set my hand and caused to be affixed the seal of the **TOWN OF ANNETTA**, this 16th day of April, 2026.

APPROVED:



Sandy Roberts, Mayor

ATTEST:



Jamee Long, City Secretary/Administrator

